

Camp Shiloh 2021 - COVID-19 Policies/Procedures

- All staff and guests who do not live in the same household should maintain a safe distance of at least 6 feet apart at all times.
- All staff and guests will be required to wear a mask or face covering when indoors, and outdoors where social distancing is difficult.
- Room assignments have been made ahead of time, each guest must stay in the room assigned to them – please no switching.
- Guests who do not live in the same household that are sharing a room must leave at least one bed (6 feet) in between them and others.
- Remember your assigned dorm number (1 through 5) or cabin 'direction' (North, South, East, West)....
You will also have assigned bathroom facilities & dining tables based on those numbers, to use during your stay to minimize the amount of shared spaces. All of these spaces have been labeled for you.
(For example, those staying in the dorms will have a toilet, sink & shower to use in the bathrooms upstairs, and a table in the dining area to use for meals. Those staying in the Fort will have a toilet, sink, & shower to use in the Fort or Gym building, and a table in the dining area to use for meals.)
Please only use your assigned areas.
- The chairs in the meeting room have been set 6 feet apart – please leave them as is, sit near those who are in your room, and once you choose your seat please keep that seat for the weekend.
- Meals will be served on our buffet line, but no longer self-serve - our staff will be making up plates for you.
Come into the buffet room to pick up your plate & dispose of your garbage when finished.
Tables will be cleaned and sanitized in between meals.
- Bathrooms and high contact areas (door knobs, light switches, counter tops, etc) will be cleaned and sanitized by our staff throughout the day – please do not leave your personal belongings in the bathrooms so that we can clean properly.
- Please wash your hands regularly, especially before and after meals, with soap and water.
There are also hand sanitizing stations located throughout all our buildings for your use.
- For your safety and ours, anyone not following these policies and procedures may be asked to leave camp without refund.
- We are asking that after leaving camp, you continue to monitor your health for 14 days and notify your group leader and our office immediately if you experience the onset of any flu-like symptoms.
- We understand that this has not been an easy time for anyone, but our desire is to keep everyone here safe and healthy. Thank you so much for your cooperation.



2021 Camp Shiloh: Contact Information, Medical History, & Release Form

www.campshiloh.com | 753 Burnt Meadow Road, Hewitt NJ 07421 | 973.728.7845 | register@campshiloh.com

Current Health Screening:

All campers planning to attend a retreat should plan to closely monitor their health and social habits 14 days prior to their retreat date. Any camper exhibiting any cold or flu-like symptoms should NOT attend.

Any camper who has pre-existing health conditions, or has a family member with health concerns, should consider not attending camp for their health and safety.

Please answer questions below based on the camper's current health (for the past 14 days)

	Yes	No
Has the camper received the COVID-19 vaccine?		
Has the camper received a negative COVID-19 test within 72 hours of arrival?		
	Yes	No
Does camper have a fever (>100.4) or have you/they felt hot or feverish lately?		
Does camper have a persistent cough and/or runny nose?		
Does camper have any flu-like symptoms? (gastrointestinal upset, headache, fatigue)		
Is camper having shortness of breath or other difficulties breathing?		
Has camper experienced recent loss of taste or smell?		
Has the camper been in contact with any COVID-19 positive patients? (Those who feel well but have a sick family member at home should NOT attend)		
Has camper recently traveled to any regions significantly affected by COVID-19?		

If answer is YES to any of the lower questions, the camper should NOT attend camp.

Due to the current COVID-19 pandemic, staff and guests will be required to practice social distancing during their stay.

Masks must be brought and worn by all attendees indoors and where social distancing outdoors is difficult.

Temperature & symptom screening will be conducted upon arrival to camp & daily during their stay.

Any onset of symptoms while at camp will result in isolation and being asked to vacate the premises (without refund) to ensure the health and safety of others on site.

All campers should continue to monitor their health for 14 days after leaving camp and any onset of symptoms within 14 days of departure, guests should notify their group leader and Shiloh staff immediately.

By signing below, I consent to the above-mentioned wellness checks, and health/safety policies/procedures.

I understand that failure to follow these procedures will result in being asked to leave camp without refund.

I declare that all statements here are true and accurate to date.

Name: _____ Date: _____

Signature: _____



Camp Shiloh 2021 – Challenge Course: Element Descriptions

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- **High Ropes Course:** Suspended from the ceiling of our gymnasium, this course is sure to be a favorite. Head through the gameroom to the course's entrance, get harnessed in, and begin your above-ground journey through the elements. Begin on one side of the gym to cross the Log Traverse, Cable Traverse, & Ladder Bridge, take the Zip Line to the other side, then make your way back through Pirates Crossing & Island Hop, finishing with the exhilarating Leap of Faith back to earth.
- **Rock Climbing Wall:** Located on the far end of the gymnasium, Shiloh's 40-foot high Rock Wall can challenge climbers with any skill set. Younger campers can learn on the incline wall, then move on to beginner, advanced, and expert challenges. Automatic belay devices keep things moving on the main 3 courses, while the other 3 require hand-belay by our trained staff. Hurry to the top of the wall and ring the bell while your friends cheer you on from below. Then 'spiderman' your way back down to the ground and move on to a new challenge.
- **Giant's Ladder:** A ladder, eight feet wide with 4-by-4's for rungs, suspended from the gym ceiling. Pairs or groups of three get harnessed in & belayed on this element at the same time. It is a powerful tool, as participants find out quickly how important it is to help each other to the top, and that their own success depends on the success of their teammate(s).
- **Centipede Climb:** A series of hanging 4-by-4s with staple-steps, create this centipede-looking obstacle. Get harnessed in and wiggle your way to the top, then get belayed back to the floor & get a high-five for a job well done!
- **Zip Line:** Camp Shiloh's zip line is 400 feet long. This challenge will have you climb a ladder to our platform approximately 15 feet up in the starting tree. Once the facilitator has all your equipment ready, you will be instructed that you are free to leave the platform under your own power and zip across our athletic field to the gravity stop.
- **Team Building Games:** Groups of all ages can encounter these challenge initiatives that use bean bags, hoops, ropes, balls and other props to teach foundational team-building skills and concepts.
- **Low Ropes Course:** These challenging obstacles (referred to as: Ladder of Humility, Nitro Swing, Porthole, Walk of Faith, Wild Woozy, Whale Watch, & All Aboard) use cables, ropes, platforms, beams, tires. We'll take time to observe, discuss and learn from the group's approach to solving each challenge. Participants grow in communication, leadership, cooperation, patience, goal-setting, analysis, and planning by working together to conquer each one.
- **Archery:** Test out your inner 'Robin Hood' & learn how to shoot a bow & arrow at our archery range.



Camp Shiloh Packing List

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The Basics:

- ☐ Sleeping bag (or twin sheets & blanket)
- ☐ Pillow
- ☐ Pajamas
- ☐ Socks & Underwear (extras!?)
- ☐ Pants & T-Shirts
- ☐ Sweatshirt
- ☐ Jacket
- ☐ Hat & Gloves
- ☐ Sneakers
- ☐ Flip Flops

Toiletry Bag:

- ☐ Soap, Shampoo
- ☐ Razor, Shaving Cream
- ☐ Toothbrush, Toothpaste
- ☐ Deodorant, Perfume/Cologne
- ☐ Comb, Brush, Hair Accessories
- ☐ Bath Towel & Washcloth

Other:

- ☐ Cell Phone & Charger
- ☐ Bible, Notebook, Pen
- ☐ Watch
- ☐ Flashlight
- ☐ Earplugs
- ☐ Water Bottle
- ☐ Tote bag or Small backpack
- ☐ Raincoat/Poncho/Umbrella
- ☐ Snow Boots/Clothes & Sled
- ☐ Modest Swim Suit & Beach Towel
- ☐ Camera
- ☐ Change/singles for vending machine

PLEASE DO NOT BRING:

- Drugs, Alcohol, Cigarettes, Fireworks, Weapons
- Jewelry or Any Valuables
- iPod, iPad, personal computers, gaming devices
- We know you're going to bring your cell phone... but PLEASE consider limiting its use during your time at camp. Try to focus on spending time with your group and GOD!!

NOTE:

There are no safes at camp or locks on dorm/cabin doors - do not risk items getting lost or stolen.

Camp Shiloh is not responsible for lost or stolen items.

**If you need to bring medication, it must remain with your group leader to monitor administration.